

<p align="center">HOT MEALS</p>	<p>Renewing Food Pantry/Br. Tony & Sis. Sabrina APPT. Only 934-1940</p>
<p>International Christian Center Br. James & Sisters Hazel & Shakeya 1236 3rd Ave. C.V. Between Palomar & Oxford Sunday 5pm/Monday 11am</p>	<p>Salvation Army/Sister Wilma 422-9294 648 3rd Ave. C.V. Near Sprout's & Jst Tue-Fri: 8:45-9:45am (daily variety) Inquire about monthly commodities</p>
<p>Project 1:1 Brother James & Sister Regina Behind Home Depot on Palm & Saturn, I.B. Tuesday 8am 301-4606</p>	<p>South Bay Pentecostal 4th & Dst C.V. 1st & 5th Ave. All ZIPS 2nd Fr. 01010</p>
<p>So. Bay Community Services/Sister Rose Marie 1124 Bay Blvd. Ste.D, C.V. Near Salt Mines Wednesday 5pm (bread also)</p>	<p>So. Bay Community Services 420-3620 1124 Bay Blvd. Ste. D, C.V. Near Salt Mines M W F: 2-4pm/Sign In 8:30am: 91911-15 2nd Tuesday 5-7pm: ALL ZIPS</p>
<p>C.V. Church of God Martha's Vineyard/Br. Albert & Sister Brenda 456 5th Ave. C.V. Off Hst near C.V. Mall Friday 11am (bread also)</p>	<p>St. Mark Lutheran Church 425-6703 Project Hand/Brother Johnny Ray 580 Hilltop Dr. & I Ave. C.V. M-F: 9-2pm, 2nd Fr: 9am: 91910,91913-15</p>
<p>Most Precious Blood Catholic Church Sisters Mary & Marie 1245 4th Ave. C.V. Between Palomar & Oxford Friday 4pm (bread also)</p>	<p>Most Precious Blood Catholic Church 1245 4th Ave. C.V. T-Th: 11:30am-3pm Also lunch pack, emg. clothes ID Req: 91910-12, 92154</p>
<p>I.B. United Methodist Church/Sister Thai 455 Palm Ave. & 5th St. Imperial Beach Near beach, in basement (bus 933/934) Saturday 6-10am (breakfast, shower, clothing)</p>	<p>I.B. United Methodist Church/Sister Nancy 455 Palm Ave. & 5th St. Imperial Beach Near beach, in basement (Bus 933/934) T, Th: 9-11am, 2nd Friday 7am: 91932/92115</p>
<p>Sister Elizabeth/Lauderbach Park Oxford St. Between 3rd & 4th Ave. C.V. Saturday 10am (EXCEPT 1st Saturday)</p>	<p>Maranatha/Sisters Marisol & Donna First Baptist Church, 494 E St. & 5th Ave. C.V. Wednesday & Saturday 9-11am ALL ZIPS</p>
<p>Gives Hope Ministry/Brother Ed & Sister T Eucalyptus Park 4th & Cst C.V. Saturday 11am</p>	<p>Oxford Terrace Apts. 555 Oxford St. C.V. Near Broadway 2nd Friday 9am: 91911</p>
<p>Sister Sophie Dirt lot, 3rd & Main St. Otay Saturday 5-7pm</p>	<p>Life Christian Center 585-3638 1172 3rd Ave. Ste. D1, C.V. Register at service: Sun. 10am/Wed. 7pm</p>
<p align="center">COMMODITIES</p>	<p>Visions Club House/ Sister Diana 420-8603 226 Church Ave. Off E St. Th & Fr: 12:30pm</p>
<p>Mikev's Feed the People/Sisters Gerri & Kathv M-F: 10-3pm: 91911 APPT ONLY: 288-1084 3rd Wed: ALL ZIPS Call for location</p>	<p>So. Bav 7th D.A./Sister Marvbel 423-2243 2161 Avenida del Mexico, I.B. Off Palm & Saturn Tue: 11-1pm/Sign In 9am: 91911, 91932, 92154, 92173</p>
<p>Nestor Methodist Ch./Sisters Debby & Norma 1120 Nestor Way Off Coronado Ave. Behind Fire Stn. Good Neighbor Ctr: M, T, Th, Fr: 9-12pm 2nd Friday 8am 429-0802</p>	<p>St. Rose of Lima/Sisters Trudy & Denise: 427-7637 278 Alvarado St. C.V. Near 3rd & Hst behind KFC M W F: 3-4:30pm, 9-11am: Food Bag, Emg. Clothing ID & Utility req: 91902, 91910-15</p>
<p>Upper Room/Brother Shawn 631 12st. Imperial Beach Off Palm Ave. 2nd Saturday 7-10am</p>	<p align="right">johny a. 240-4135</p>

COMIDA	Renewing Food Pantry/Hrmo. Tony y Hrma. Sabrina Citas al: 934-1940
Centro Cristiano International Hermano James y Hrmas. Hazel y Shakeya 1236 calle 3 ^{ra} , C.V. Entre Palomar y Oxford Domingo 5pm/Lunes 11am	Salvation Army/Hermana Wilma 422-9294 648 calle 3 ^{ra} , C.V. Cerca de Sprout's y calle J Martes a Viernes 8:45-9:45am (variedad diaria) Registrese por la despensa mensual
Proyecto 1:1/Hermano James y Hermana Regina Detras Home Depot en calles Palm y Saturn, I.B. Martes 6pm 381-4096	Iglesia Pentecostal de So. Bay Esquina de calles 4 ^{ta} y D, C.V. 1 ^{er} Vie: 9am: TODOS CODIGOS, 2 ^{do} Vie: 91910
So. Bay Community Services/Hermana Rose Marie 1124 Bay Blvd. Ste. D, C.V. Cerca del campo de sal Miercoles 5pm (tambien pan)	So. Bay Community Services 420-3620 1124 Bay Blvd. Ste. D, C.V. Cerca del campo de sal L, Mie, V: 2-4pm/Registro 8:30am: 91911-15 2 ^{do} Martes 5-7pm: TODOS CODIGOS
Iglesia de Dios C.V./Martha's Vineyard Hermano Alberto y Hermana Brenda 456 calle 5 ^{ta} C.V. Por calle H, cerca de C.V. mall Viernes 11am (tambien pan)	Iglesia Lutherana San Marcos 425-6703 Proyecto Hand/Hermano Johnny Ray 580 Hilltop Dr. y calle I, C.V. L-V: 9-2pm, 2 ^{do} Viernes 9am: 91910,91913-15
Sangre Preciosa/Hermanas Mary y Marie 1245 calle 4 ^{ta} , C.V. Entre calles Palomar y Oxford Viernes 4pm (tambien pan)	Sangre Preciosa 1245 calle 4 ^{ta} , C.V. Mar-Jue: 11:30-3pm; despensa, lonche y ropa (a lado del parque) ID req. 91910-12, 92154
Iglesia Metodista Unida de I.B./Hermana Thai 455 Av. Palm y 5 ^{ta} , Imperial Beach Cerca del mar, en el sotano (autobus 933/934) Sabado 6-10am; baño. desayuno y ropa	I.B. United Methodist Church/Hermana Nancy 455 Av. Palm y 5 ^{ta} , Imperial Beach Cerca del mar, en el sotano (autobus 933/934) Mts y Jue: 9-11am, 2 ^{do} Vie: 7am: 91932/92115
Hermana Elizabeth/Parque Lauderbach Calle Oxford C.V. Entre calles 3 ^{ra} y 4 ^{ta} Sabado 10am (EXCEPTO 1 ^{er} sabado)	Maranata/Hermana Marisol y Donna First Baptist Church 494 calle E y 5 ^{ta} , C.V. Miercoles y Sabado 9-11am: TODOS CODIGOS
Ministerio Gives Hope/Hrmo. Ed y Hrma. T Parque Eucalyptus Esquina de calles 4 ^{ta} y C, C.V. Sabado 11am	Departamentos Oxford Terrace 555 calle Oxford, C.V. Cerca de calle Broadway 2 ^{do} Viernes 9am: 91911
Hermana Sofia Lote esquina de calles 3 ^{ra} y Main, Otay Sabado 5-7pm	Life Christian Center 585-3638 1172 calle 3 ^{ra} Ste. D1, C.V. Registro durante servicio: Dom. 10am/Mie. 7pm
DESPENSAS	Visions Club House/Hermana Diana 420-8603 226 Av. Church, C.V. Por calle E Jue y Vie:12:30pm
Mikey's Feed the People/Hrmas. Gerri y Kathy L-Vie: 10-3pm: 91911 Citas al: 288-1084 3 ^{er} Mie: TODOS CODIGOS (Llame para direccion)	So. Bay 7 ^{mo} D.A./Hermana Marybel 423-2243 2161 Av. Del Mexico, I.B. Por Av. Palm y Saturn Mts: 11-1pm/Registro 9am: 91911,91932,92154,92173
Igl. Metodista Nestor/Hrmas. Norma y Debby 4420 Nestor Way, Por Av. Sprout y Saturn	Sta. Rosa de Lima/Hrmas. Trudy y Denise: 427-7637 272 calle Alvarado, C.V. Cerca de Sprout y Saturn
Good Neighbor Ctr: L, Mar, J, V: 9-12pm 2 ^{do} Viernes 8am 429-0802	L, Mie, V: 3-4:30pm, Lonche y ropa: 9-11am I.D. y recibo de luz req: 91902, 91910-15
Upper Room/Hermano Shawn 631 calle 12, Imperial Beach Por Av. Palm 2 ^{do} Sabado 7-10am	johny a. 240-4135